

FSU Gymnasts, Gymkana, Tallahassee Tumbling Tots, and Friends New-Newsletter

December 2012 (Seventieth Edition) < bcudebeaton@gmail.com >

A lifetime of bragging rights

"Once teammates, always teammates" by Charlie Christian.

Visit your Web-Sites <fsugymnastics.org><tallahassee tumblingtots.org> Mike Mann, Webmaster
(Which also includes all back copies of the FSU Gymnastics Newsletters)

FSU Gymnastics Records (<http://www.nolefan.org/summary/index.html>) Robert Perrone, Webmaster

ANNIVERSARIES

Chick & Jennie Cicio	62 years, 63 in April, 13	Bill & Carol Beavers	44 years, 45 in July, 13
Don & Connie Holder	62 years, 63 in August 13	Dick & Susie Gutting	45 years, 46 in June, 13
Ed & Jean Fernald	60 years, 61 in June 13	Steven & Adriane Zindell	43 years, 44 in August 13
Don & Patsy Rapp	58 years, 59 in May 13	Wayne & Heather Thompson	42 years, 43 in January 13
Carmine & Daneen Regna	58 years, 59 in August 13	Derek & Nancy Lawler	40 years, 41 in 2013
Jim & Marlene Jackson	57 years, 58 in July, 13	Gail & Bill Whitney	40 years, 41 in August 13
Sam & Topsy Bailie	56 years, 57 in June 13	Harmer & Magdalina Weichel	40 years, 41 in December 13
Roger & Tamara Tucker Webb	55 years, 56 in November 13	Andy Anderson & Curtiss Long	38 years, 39 in December 13
Beverley & Bill Beaton	52 years, 53 in Sept. 13	Joe & Dottie Taylor	36 years, 37 in September 13
Yoshi & Haruyo Hatano	48 years, 49 in Oct. 13	Jimmy & Janie Hanks	35 years, 36 in November 13
Nancy Lamb & Bob Durocher	48 years, 49 in Dec. 13	Thom & Linda O'Conner	33 years, 34 in May 13
Terri & Cheri Morris	47 years, 47 in 2013	Carrie Englert & Curtis Zimmermann	34 Years, 35 in 2013
Jay (& Ellie) Schwarzman	Were married 50 years	Karsthin (& Lennart) Malmlin	Were married 47 years
Almira (& Jack) Sharp	Were married 48 years	Claire Essig (& Dick) Traynor	Were married 43 years
Jon & Boots Culbertson	Were married 53 years	(Benny) & Carolyn Wallace	Were married 59 years,

Plan to attend the 2013 reunion (Part or all)

Friday May 10, Saturday May 11 and Sunday May 12, 2013

At Barbara Withers' Alligator Point Beach Home

Travel Plans & Details can be found on Mike Mann's website: www.fsugymnastics.org

We begin this newsletter with a story about our dear friend, and my co-author, Jack Miles. It gave him, his family, and those who knew about it a dreadful and worrisome fright. Here, in his own words, is his own account of what happened. {...bc}

Jack Miles & Nancy Dye | 50-58 | My Fall Oct. 28, 2012

I parked my car in front in one of my Doctors' offices and was getting out of it into the empty parking lot. Then all I remember was

staggering back many fast steps trying to catch my balance. And then I woke up spread eagle on my back to find myself unable to move and surrounded by women/girls in blue nurses' uniforms.

I looked over to my left and saw a pool of blood and said to myself, "That's my blood." I wasn't alarmed, but more so I was fascinated looking up at leaves of a overhanging Oak tree blowing in the wind silhouetted against a bright blue sky....It was beautiful....I was numb peacefully lying there.

I had been surrounded by six or seven nurses and one doctor who ran out of the office after one nurse from her second floor window looked out and saw me lying there. They tended to me, stopped the bleeding and shortly an ambulance was there which whisked me off to the hospital. I was talking and rambling, but God was it torture being strapped down on the stretcher, toe to chin, held down and unable to move.

The Doctor stapled my head wound shut with nine staples. My left butt cheek is black and blue and my left elbow, ribs and neck are sore.

Recovering well.....Nancy jokingly praised the nurses for the emergency drill we put them through and gave them an "A plus"!

After the fact research by Nancy discovered I was a Textbook case.....

Re: Parkinson's Disease Foundation Publication Fall Prevention in Parkinson's Disease

'Retropulsion is the tendency to topple backwards, which results in a backward fall. The problem can occur without warning, when a PWP is standing still in the middle of an open space. Many patients with this problem seem unaware of the fact that they lean or rock backwards when they stand. It can also happen on turning, or when a patient attempts to get up from a seated position. Retropulsion cannot be helped using medication.'

Jack Miles & Nancy Dye | **50-58** | **Recovery: (One month later)**

There is dramatic total improvement in my health & condition. Only Parkinson left to deal with and that of

attention to keeping speech, balance, and walk all in normal range. However, presently, and sadly, Blood Pressure and Parkinson Medication restrict driving.

Optional detail clarification:

No longer need for daily nurses in attendance, No need for "Walker" only optional use of cane, BP down to normal range, balance and walk well back to "prior" normal, Catheters no longer needed, sleeping well, no more dizziness from Concussion with all nine staples out of my head, Medication down to four pills, and spent eight hours yesterday's beautiful day in the back yard gardening alone with an emergency calling push button wrist device on. There is such an extreme change for the better from a month ago...being at the 275 BP" edge.... I almost feel guilty for recovering so quickly. Feel like I just escaped from being in a, "Twilight Zone", episode.

The "Blessing":

I can't say enough about how wonderful it was when my wife Nancy, my family, my neighbors, and you life long friends came to my aid with support and kindness in word and action. I received many cards of love and well-being. Neighbors came and "Baby sat" me for hours....even days.... when Nancy had to go to work, My Daughter in law, Mary-Ann spent the day after driving all the way from Palm Beach County to give me careeven got my TV & Stereo back in action while I slept....My neighbors, Ron & Lois took me to several Doctors' appointments and Dick Gutting drove up from North Miami many times and took me to Hospital and Doctors' appointments, and Parkinson's support meetings plus an Interview by a Doctor in front of two hundred students at a Nova Medical University class. (About my life and experiences with my newly diagnosed Parkinson)

The "Blessing" is that Nancy was truly superb when I needed her there for loving care and support.

My children, busy in their own lives, were there Rallying around.

My life long friends were really "right there" with caring and help.

My neighbors united to help their long time neighbor.

With Gratitude and Love, Jack

{I'm sure I speak for all in writing that we are relieved that the outcome of that episode is both positive and encouraging. That you are well loved by not only our FSU gymnastics family, but also by many others from all over the place is evident. ...bcb}

Barbara Sheehan Withers | **54-62** | **A mix-up in dates**

Dear Gail, {Sontgerath-Whitney} I am so sorry we missed seeing you last weekend. Don Holder, Chick Cicio, Dick Gutting, Jack

Miles, and the Regna twins drove up from Miami. Also Bill Roetzheim and his wife BJ came just for Saturday. Bill Beavers, Larry Bestmann, Joe Gusic, Vince Treacy, Jon Culbertson, Rick & Evelyn Miller, Don and Patsy Rapp, Beverley Cude Beaton, Claire Traynor, Jim and Arlene Fadigan, and Mike Mann all came for the long weekend. It was great, but would have been better with you there! We also had the FSU stained glass artist there showing us his ideas for the windows for Dodd Hall. We had great weather and it was so amazing to have Don and Jack there. Hopefully we will do this again next year and I will make sure you get it on your calendar! We changed the dates because some people wanted to spend the Memorial Day holiday with their families, which is understandable, and also there is not so much traffic on the week before. Take care, and please stay in touch.

{We'll make up for it this coming reunion, Gail. We look forward to seeing you, for sure. ...bcb}

Mike Mann & Fran Millians | **57-67** | **A frequent visitor**

I looked out from our bedroom and half way across the back yard could see a brown butt sticking out from around the edge of our

deck. This was not expected as we have a four foot farm fence around our back yard that at one time was to contain Fran's two Huskies. I quickly but quietly moved around to the other side of the house to our office and got my camera set up. The doe was right beneath the office window. I parted the curtains and started taking shots.

The deer moved across the yard and I returned to our bedroom to shoot through the window there. The deer eventually moved around so far I could no longer spot her through that window. I stepped out onto the porch to move around to the edge of the house where I might get some additional shots. Noise of the sliding door, my steps or something spooked the deer and it headed past our storage shed for the woods behind the house. I managed to get one last shot before she disappeared into the trees.

After downloading the photos to my computer, I called neighbor Terri and asked her to come over around the time Fran was due back from a class for dinner so that I could show them the photos together. About a half hour later recalling that I had not gotten something from the old shirt pocket that I had deposited in the dirty clothes basket I returned to our closet to fetch it. As I came out of the closet, I spotted the deer back in the yard again. I called Terri again, asked her to come over immediately saying, "Sneak in, quietly." It took her a few minutes to get here and in that time the deer moved around the yard and eventually out of sight behind our large fig tree. Terri came in but the deer was not in sight, she appeared again just briefly before disappearing into the trees again.

Fran returned, we looked at all my 28 pictures, Terri went home and we sat down to dinner. While we were eating, Fran had a text from Terri saying the deer was now in her front yard.

Two days later I sat down in my favorite recliner to relax for a few minutes. Looked out through the glass doors and spotted the deer again also taking a rest. She was actually on the ground with legs folded under her. I am not sure how long she had been there before I first spotted her but she stayed in about the same position for another hour and a half before eventually wandering away again. Please note that this deer's back yard visit was not an easy task.



{How beautiful! She obviously feels safe in your yard, and comfortable with you both. ...bcb}

Alice Englert | **50-58** | **Carrie's Mother**

Carrie, a journalist with Business News Daily (syndicated to CNBC and FOX) wrote a story on past Olympians and where they are now. She contacted us yesterday looking for an image, so we gave her your lovely headshot from the Tallahassee Magazine story.

Check it out when you get a chance:

<http://www.businessnewsdaily.com/2930-olympians-entrepreneurs.html>

{This was fun to go through. To get to Carrie directly from the numbered list of Olympians, select # 7. ...bcb}

Family of Joe Kotys | **'52 Olympian** | **12:58 PM 8/22/12**

To the loved ones, family and friends of Joe, Pancreatic cancer took Joe only 7 days after being diagnosed. He passed quietly on August 21st surrounded by wife and children. The family plans to have a Military Memorial Service at the Bushnell National Cemetery in late December when more family and friends can attend.

We want to thank you for being a part of Joe's life.

Lee, Jody, Chris, Cyndie and Robi

Jack Miles & Nancy Dye | **50-58** | **Re: Above**

Dear Lee, Jody, Chris, Cyndie and Robin,

I am deeply saddened at your loss. Joe competed in Gymnastics around the same time I did. We traveled for USA to the Pan-Am games in Mexico City in 1955 and trained for the '56 Olympics together plus National Championships where I represented Florida State University. He was always the nicest guy...a real gentleman...and always smiling...he personified "class". I admired his skill and physique tremendously....and even copied some of his moves. I was a scrawny kid while he was to me a Superman.

I am co-publisher of a FSU monthly Newsletter with 90+ recipients. We have reunions yearly and have kept in contact over 60 years now. A large part of this group knew Joe and we will pass along the news....I am sure you will hear from a few who knew him best. He, and you, are in all of our prayers and hearts.....With God's Blessings.....Jack Miles

{I did not know Joe, but I add my condolences to those of Jack. I am saddened by your loss. ...bcb}

Larry Bestmann | **55-58** | **How Larry spent last summer**

I was selected as one of six instructors to teach in the International Diploma in Physical Education and Sports Program in Malaysia by the United States Sports Academy. The Ministry of Education recognized that the teachers of physical education in Malaysia were in need of improving their school programs. I taught seven classes at different locations from Sabah to Kuala Lumpur. The eager students were a mix of Malays, Chinese, and Indians, teaching in schools ranging from elementary, middle school, and high school.

All understand English very well and a translator was not needed. This was one of my most rewarding and happy teaching overseas experiences. I was in Malaysia from June 20th to September 10, 2012.

{Your expertise must have benefitted these students immensely. Just look at those proud and happy faces!.....bcb}



Larry meets the Deputy Prime Minister of Malaysia



Larry (white shirt, front) with Last Class in Malaysia Sept.

Jamile & Barbara Ashmore | 55-58 | **Very, very busy!**

I am sorry we missed the reunion again. It always seems that on that week-end I have a meeting I have to attend and we do miss

you guys. Hoping for next year.

We just returned {early July ...bcb} from a business trip to Japan, Hong Kong, Thailand, Malaysia, Indonesia & Taiwan. A Very long 3 weeks. For certain I would not be on that plane if it was not business.

All else is about the same except it is hot as hell in Dallas.

Take care and we will keep in touch.

Jamile & Barbara

{Given the altered date, we hope we will see you both this next time. ...bcb}

Mike Mann | 57-67 | **News of Ron Galimore**

Galimore key leader in USA Gymnasti

By Jim Lamar, Democrat associate editor@Jim.Lamar

Tallahassee's Ron Galimore made history in 1980 as the first African-American (male or female) to earn a spot on the U.S. gymnastics team for the Olympic Games. He was also the second of three former members of the Tallahassee Tumbling Tots to make the U.S. Olympic team, joining Carrie Englert (1976) and Brandy Johnson (1988).

Galimore's chance to win a gold medal ended when the United States boycotted the Moscow Games.

Though still disappointed at the lost opportunity, he has seen plenty of gymnastics history in his position with USA gymnastics. Earlier this month, he was in London to watch Gabby Douglas become the first African-American to win the all-around gold medal at the Olympics – a gold medal he hoped he could have chased 32 years ago. Galimore, 53, spent time last week chatting with Democrat associate editor Jim Lamar about his job with USA Gymnastics, how close he thought he was to winning an Olympic medal and his sports career as a student at Rickards High School.

Roger & Tamara Tucker (56-59) Webb | 55-59 | **Two Busy People!**

Greetings from Tamara and Roger,

Regretfully, we again did not attend the Reunion. We thought about all of you who were there, and were envious for the fellowship and camaraderie you shared. Maybe we can make it next year. We've not been back to FSU and Tallahassee since leaving in 1959.

We had planned a great trip with our 14-year-old grandson for this August (Warsaw, the Baltic States, and Russia), but Tamara came down with a severe case of vertigo the evening before our scheduled departure and ended up in the hospital for two days. Her recovery has been slow, but she is now making good progress and seems much stronger. She discovered a new tap dance class at a nearby senior center, and attended today with good results and good fun. She plans to return to her early morning deep-water aerobics starting tomorrow, and we'll start a weekly Yoga class again this Friday.

Roger continues to participate in Race Walk events, taking two golds in his new age group (75-79) at the Virginia Senior Games this Spring (5 K and 1,500 meters); and three golds at the Potomac Valley Games this past weekend (5 K, 3 K, and one mile). He will participate in the Northern Virginia Senior Olympics starting this Saturday (race walking, running, and Yo-Yo).

Roger continues to participate in Karate as a student and as a teacher. He started at age 68, received his black belt (1st Dan) at age 72, and is scheduled to test for 2nd Dan in October.

We loved the Olympics, and are especially proud of our fellow Virginian Gabby.

Best wishes to all.

{We were happy to hear from you, and hope to see you both at the next reunion! ...bc}

Carmine & Daneen Regna	50-55	Reason to Celebrate
-----------------------------------	--------------	----------------------------

Daneen and I just celebrated our 58th wedding anniversary on August 14. For all of you out there that were placing bets on

how long it would last, you have all lost. I believe the longest that was mentioned was 2 years!

We have 4 adult children, 2 sons and 2 daughters; 8 grandchildren 6 of whom are already adults; and 3 great-grandchildren.

The oldest grandchild Joey O'Rourke is 30 years old and working with solar energy. Brandon Lundeen is 22 and will graduate from FIU in May 2013. He plans on becoming an orthodontist, so he has a few more years of study ahead of him. Joey's 2 sisters are both attending the U of Florida (traitors!). The oldest is 21 years old, and will graduate at the end of this school year with a degree in architecture, specializing in interior design. Breanna, 19, will be completing her junior year. She is pursuing a career in the medical field, possibly working with small children.

Their mother, our daughter Nancy, just received her degree in accounting at age 49 and is starting her own business. Brandon's mother Lisa lives here in Miami, her 2 youngest children, a boy and a girl, are still in school; our son Don lives in the Ocala National Forest (Salt Springs, FL); and our oldest son Rick and his 2 adult sons still live in San Jose, CA.

Hard to believe, but our oldest great-granddaughter is already 8 years old.

Carmine enjoys playing golf and attacks it with as much fervor as he once devoted to gymnastics. Daneen the work-aholic is involved with many organizations as a volunteer; primarily in education and retiree issues.

{You certainly have plenty to keep you hopping! Enjoy all. ...bc}

Barbara Sheehan Withers	54-62	Wow! Barbara came to Montreal!
--------------------------------	--------------	---------------------------------------

Before my trip to Montreal in August of this year, my last visit with Beverley and Bill in Montreal was on

the occasion of my last honeymoon, in July 1991, 21 years ago. That was when Bev and Bill both played tennis and belonged to a very fancy tennis club, and we played tennis every day, hung out our all white duds to dry each nite, and returned the next day to play tennis and drink shandis. Before that, I had visited Bev in Montreal several times, and she had come to Alligator Point for March Spring Break over many years. That was back in her beer drinking days and we had a lot of fun! Not to say we didn't have fun this time, and Bill and I had our share of cocktails while Bev drank her iced tea like a real Southerner, one habit she must have picked up while at FSU.

Montreal is such a charming city, with beautiful lakes and parks, and where Bev now lives is a charming suburb with everything you need within walking distance of their apartment, including wonderful restaurants. Their daughters treated us to many wonderful outings, including fantastic seats at the Rogers Cup Women's Tennis Tournament, and Equestrian Jumping Event in which her granddaughter won first prize in her 1.2 m class. And a very entertaining theatre production of "Wicked" at Place des Arts in downtown Montreal, not to mention the shopping trips and other activities we packed into my 5 day stay.



Barbara and Kath (Bev's daughter) awaiting event



1st place Vicky and Sevy with Bev and Barbara

Beverly Cude & Bill Beaton | 55-59 | How did we get her here?

As always, before I left Tallahassee yet one more time, I asked Barbara if she could please come up sometime in the

summer or fall. She said she'd like to, and would try. Back home, chatting with daughter Heather about the reunion, Heather said, "Mom, you've GOT to get Barbara up here!" Brainstorming resulted in Barbara's favourite thing: tennis. Heather blurted, "Get on the phone and tell her we are ordering tickets for the Women's Rogers Cup in August and what day she would like best to go." Barbara answered, and without too much coaxing, came up with a day, said she'd see what could be arranged and get back to me. She did just that, and Bingo! She was to arrive Aug. 5th and leave on the 10th. Barbara has outlined above the main things we did while she was with us. What she did not mention follows:

Barbara was lucky enough to have a flight schedule designating her arrival for 3 PM. I was ready for her call, which came at 2:50 PM. She was on the ground. We live only minutes from Trudeau Airport, so I was there before she even made it through Customs. What she didn't know was that she was about to be hijacked. Heather had called me about 2:30 to say that she would pick us both up after we got home to go to watch her daughter, Jane, at ringette practice and to see her play a game of scrimmage at 4 PM. This is a result of a curiosity that Barbara had expressed about that sport, which could be compared to hockey. The rules are slightly different, but the gear the girls wear is the same, the stick is just that (like a pointed broom handle), and the puck is a rubber ring. At her level (elite AA), the skating and body-checking is very fast, and the whole point is to stab the ring, carry it, pass it, and ultimately score a goal as in hockey. Ice surface is the same as in hockey, as is the net. Well, poor Barbara barely had time to put her suitcase in her room, find something warm to wear from our closets before being removed from our then very hot weather and plunged into a frigid arena. While gamely interested, I think she was very glad to get back here and to finally enjoy a well deserved "cocktail".

On another evening, Heather and family treated us, along with Kath, Vicky and our eldest grandson James to a BBQ at their home nearby. But all good things come to an end and all too soon, packed with activities as Barbara has described, our long anticipated visit was over. We were so pleased to have her here again, and look forward, with hope, to a return visit next year.

As for me, I sadly left my dear friend Barbara at the airport, and prepared for the rest of the weekend. Vicky's horse shows run Thursday through Sunday and given weather reports, I elected to return Sunday. That was another wonderful day. She and Sevy won the "Mini-Prix", meaning a cash award, and given the other points they had collected, were overall Champions in her class. We are so proud of both her and her gentle but determined horse who just loves to jump.



Friday, about to say goodbye



Sunday, Vicky & Sevy 1st in Mini Prix, Champions of Show

Jack Miles & Nancy Dye | 50-58 | A Miracle

After five years of loyal usage, I dropped my hearing aid and broke it. Sadly I had to buy a new one at the staggering cost of \$1,600. After two days of usage

the newly purchased one popped out of my ear and I lost it and didn't know where. I searched inside and outside the house everywhere for three days. The house sure got a great inspection and cleaning. No luck at all, so I had to buy still another replacement at a discount. Being without the hearing aid again during the interims was really hard on me and my wife. Presently, I have been comfortable using the latest one for the past several months.

Well....todayour toy Poodle, Snowball, was trying to get our attention by jumping all around us tempting us to chase him into the bedroom where his bed is – even barking which he never does indoors. Nancy threw his favorite squeaky toy in front of the bedroom door tempting him to come out and "go fetch". But he would have no part of it. He stayed in the room barking.

Nancy then walked into the room with his "squeaky toy" in hand to coach him out. From inside the room Nancy shouted, "Jack come here quick and see what he found and had in his bed." There in her outstretched hand was my newest hearing aid. I immediately slapped my ear and discovered it truly was gone - popped out. "He could have choked on it," she said. I'm thinking another \$1,600! Heaven only knows when or where it came out, but Snowball found it and wanted us to know it. He wasn't possessive of his find. He just looked at it wagging his tail. Nancy picked it up.

I cleaned it and it works fine. What are the odds? What were the forces? The incident staggers the Imagination. I don't believe we would have ever found it, not even knowing where to even look. I said a special prayer of thanks for our special dog, "Lassie, the wonder dog".....I mean, "Snowball the wonder dog."
{Snowball knew he'd done something pretty special, I'd say. ...bcb}

Bill & Carol Beavers | 57-61/69-70 | Bill's Summer

Since the reunion, my life has not been particularly interesting, but busy. Carol and I are still caring for our relatively young Boxer dog who has an early neurological disease that renders ambulation impossible. We could get part time work than involves wheelbarrow skills! I have suspended travel for all out of town races to assist Carol in dog care. I missed the US Masters Sprint Nationals in Seattle a couple of weeks ago, so could not defend my national titles. I do hope to do a couple of races before January. I did one race here in Atlanta in June. We had 300 participants most of which did an 8 mile race competing in canoe or kayak racing. I was in the open division which was a 10 mile race. We only had 21 individual boats. I placed 5th overall and first in the Touring kayak class with a time of 1 hr and 30 min. The first two finishers are top national competitors.
{I am sorry to hear about such a young dog having a problem like that. You both are exemplary pet care givers. You have my admiration for your kayaking achievements, for sure! Congratulations! ...bcb}

Thanks to Vince Traacy's suggestion at the reunion, I am writing up some of my more humorous and dangerous life adventures. This has turned into a bigger project than intended. It will not be a published book, and it is intended to be read mainly by family and friends with a warped sense of literary quality. Many of the adventures involve Jack, Mike, and other reunion regulars. Perhaps some of the chapters can be shared at the 2013 reunion.
{ I hope to privileged to read this publication. It sounds like it will keep one's attention. ...bcb}

Chris Horne, our artist working on the stained glass panels hopes to have some sketches for preliminary review and comments by next week. Jack, Ed and I will look them over. Perhaps by the next newsletter, I will have more news and the expected completion date.
{After reading all this, I'd say your life is "particularly interesting." ...bcb}

Bill & Carol Beavers | 57-61/69-70 | From Carol

{I received an email from Carol which I unfortunately seem to have lost. However; I did save the picture below, marking one of Bill's wins.
If I remember correctly, Carol said that someone used Photoshop to insert the image of a member of your fabulous Olympic Women's Gymnastics Team. The talented gymnast looks a bit miffed that she didn't get to stand next to the kayaker! ...bcb}



Sam & Tpsi Bailie | 54+ (Iowa) | Re. New-Newsletter

Hi Jack ... WE love getting the NEWSLETTER and keeping up with our FSU gymnastics friends. Please check out a web site started by my son Steve www.gymnasticsmemories.com Would love to have your FSU Gymnasts become involved. Just sign up ... send photos, stories etc. We hope to have all schools post their histories etc. Have a great year. Our best Sam & Tpsi
{I took a look at Tpsi's son's website when I first received the email. There must be several people on our mailing list who would be interested in it. I recommend investigating it. *****OOPS! I just checked again, as did Mike Mann, and neither of us could

access the website. We got a message saying: "Sorry, your IP has been banned". We don't understand it. Could you explain, please?

I think I competed against you, Tpsi, in Naples in 1955, and at Penn State, and possibly even during my last crack at the Chicago NAAU competition. What caught my eye on the website when I first accessed it is the 1956 Olympic Trials Roster on the main page (Top row, 2nd from left). If you "zoom" on it you will see my fellow Canadian Ernestine Russell listed there, and, #s 28 and 29 are Barbara and yours truly. Jack, too, is in the men's list below as are other members of our FSU Men's Gymnastics Team. ...bcb}

Jack Miles & Nancy Dye | 50-58 | 09/25/12 WAS Conference Review

WORLD ACROBATICS SOCIETY 2012 GALLERY OF LEGENDS

Each year the Society gathers to honor individuals from around the World who have accomplished outstanding careers in their sport or profession using acrobatics. The World Acrobatic Society (WAS) Conference 2012 and ceremonies were very impressive and receiving a "Legend Award" was a never to be forgotten event. I met dozens of old friends, very old friends, and made many new ones. That part I will cherish.

Of the fifty, those from FSU/Florida who were in attendance were:

Bruce Davis & wife Rita
Dick Gutting & wife Susie and their son, Kevin & partner Karen
Jack Miles
Joe Greene & Pretty Date
Dr. Jon Culbertson
Rick Miller & wife Evelyn
Dr. Larry Bestmann, member, was in the Orient

I personally reunited with two Gymnasts from my 1947 High School years in Philadelphia (65 Years ago) Retired Dr. Bill Marcus & Air Force Col. Karl Scheir (Karl & I tied for the National All-Around title in 1955)Plus at least ten competitors from my University years at FSU. 1951-60

In attendance were notable figures in the fields of

Acrobatics	Professional Acrobatics
Artistic Gymnastics	Snow & Water Ski Jumping
Diving	Stunt Men
Extreme Sports	Tumbling & Trampoline
Gymnastics	

Points of Interest:

1. Dr. Jon Culbertson made a sterling presentation to the group on the Pan American Games (Men) retrospective 1971-2007
2. During the presentation of the beautiful commemorative medals, My medal was presented to me by Russian Gymnast *Vitaly Scherbo (EUN) 1992 & 1996 Olympics....One of the greatest ever of all Olympian/International Gymnasts. Dick Gutting had arranged for him to make the presentation...
3. I was stunned by such an honor. (Vitaly is a genuinely nice guy)
4. Bruce Davis was elected President for the coming year 2013

*Vitaly Venediktovich Scherbo (or Shcherbo) (Russian: Виталий Венедиктович Щербо, Belarusian: Віталь Венядзіктавіч Шчэрба), born 13 January 1972 in Minsk, Byelorussian SSR, is a Belarusian and former Soviet artistic gymnast. One of the most successful gymnasts of all time, he is the only male gymnast ever to have won a world title in all 8 events (Individual All-Around in 1993, Team in 1991, Floor in 1994, 1995 and 1996, Horizontal Bar in 1994, Parallel Bars in 1993 and 1995, Pommel Horse in 1992, Rings in 1992, Vault in 1993 and 1994). He was the most successful athlete at the 1992 Summer Olympics, winning 6 of 8 events - team, all-around, and 4 of 6 event finals.

PERSONAL:

Hi: Still unpacking and doing laundry and putting things away while in jet-lag. The trip to Vegas was sweet and sour. First the "Sour" part.... the Spirit airlines flight going to Vegas was delayed on the tarmac for three hours due to mechanical problems and then they returned us back to the lobby for another three hours resulting in an arrival in the Vegas Hotel at 4:30 am....after a total nine hour event.... The return flight also had a terminal delay of one & a half hours....seats are now spaced so close you can't recline....both flights both became Very red eye flights...never again....late flights like that.

The challenges of the trip really aggravated my Parkinson's...so much so that complete strangers were offering me assistance with my luggage and directions...I guess I had gravitated to that look..... tired shuffling walk weighted down by baggage. I even started to slur and stutter badly in my speech. I was tiring fast so I took a lot of naps and breaks when at the hotel. Airline personnel and the whole Gutting Clan kind of took care of me on the trip.... I am forever grateful. After much sleep after arriving home the biggest cause of physical stress was determined to have been Jet-Lag. And much was recovered.

Dear old Friends, Olympians, Bruno Klaus & Abbie Grossfield treated me to a Cirque de Soleil water show "O". The show was absolutely stupendous. ..sadly, I don't believe you can ever see the show except in Vegas. The mechanization to present the whole show with all the huge mechanisms and underwater stage machines cost many millions to fabricate and are not transportable. Our organization was treated to a private practice session by the Cirque troop.....which was great.

Car Buffs Dick & Kevin Gutting took me to an International Auto show.....What recession??

Not having been in Vegas for decades I was stunned by its growth. If you haven't seen it...take Times Square in NYC pack it with people and make it seven miles long. Being from South Florida I had never seen so many Caucasians plus Chinese (Tourists) together and all in a hurry to get somewhere.

Our Hotel Circus-Circus, like the other hotels, is a city unto itself with Malls' and convention centers within among the "skillions" of gambling tables and machines. The staff were all very nice....food inexpensive.

To sum up the trip, I would say, the best parts of the trip were meeting all my wonderful friends, Cirque de Soleil, the well done Awards Banquet itself and the double decker busses running up and down the strip at \$7.00 for an all-day useable sight seeing pass. It was a wonderful time, but I wouldn't want to do it again..... soon.

{Jack, congratulations on your outstanding award, highly deserved and justifiably recognized. In retrospect, you'll relive the experience over and over again, forgetting all those tough experiences along the way, eh? ...bcb}

Barbara Sheehan Withers	54-62	Upcoming reunion
--------------------------------	--------------	-------------------------

The suggested date for this year's reunion (2013) is the weekend of May 10-12. We are hoping to pick a weekend that will be free of

conflicts for our many traveling members, so if anyone has a conflict for this date, please be sure to let me know as soon as possible. Other alternatives at this time are the last 2 weekends of April or the first 2 weekends in June 2013. I would like to see us have a really good turnout this time, as many of our gymnasts are not able to travel as easily as in past years, and our numbers have diminished the last few reunions. If anyone has a suggestion as to a better location where more people will be able to attend, please be sure to let me know.

We were delighted this past May to have from the Glory Days of the 1950's not only Don Holder, Dick Gutting, Chick Cicio, Jack Miles, Joe Gusic, Jim Fadigan & wife Arlene, Joe Greene, Larry Bestmann, and the Regna twins, Carmine & Joe, but also Bill Roetzheim and his wife B.J., all of whom came from great distance to attend. Also, some of our "younger" members: Rick and Evelyn Miller, Bill Beavers, Mike Mann, Vince Tracey, and Jon Culbertson. That covers most of everyone who came except for our locals: Don and Patsy Rapp, Claire Traynor & Harold Childs, and of course, our Canadian member from afar, Beverley Cude (a/k/a "Cutie") Beaton.

Beverley Cude & Bill Beaton	55-59	Image Inserts
--	--------------	----------------------

Adding photographs is a first, and apparently not without certain flaws.

In experimenting, we note that if you have a huge blank space, the image is still downloading. Just tap the button on your scroll bar and the picture should appear. Also, a few people have had an image or two come in upside-down! I don't know yet how to solve that. It could be just certain applications or support systems at fault. I intend to visit my former School and see if our magician technician can help me. Those of you who do receive inverted pictures, would you please let me know so that I get an idea of how common this problem is? Thank you, and being gymnasts, doing a headstand to view the photo might help.

HAPPY HOLIDAYS!

I AM RICH...

THIS MORNING I SEARCHED MY WALLET.

IT WAS EMPTY.

THEN, I CHECKED MY POCKETS

I FOUND A FEW COINS

I THEN SEARCHED MY HEART AND FOUND YOU.

THEN, I REALIZED HOW RICH I REALLY AM...

THANKS FOR BEING MY FRIENDS AND BUDDIES!

MAY YOU BE AS RICH AS I

LIFE ISN'T ABOUT WAITING FOR THE STORM TO PASS.

IT'S ABOUT LEARNING TO DANCE IN THE RAIN.

BY JACK MILES

{Thank you, Jack, for such a touching poem. ...bc}