

“Once teammates, always teammates” by Charlie Christian.

Visit your Web-Sites <fsugymnastics.org><tallahassee tumblingtots.org> Mike Mann, Webmaster
 (Which also includes all back copies of the FSU Gymnastics Newsletters)

FSU Gymnastics Records (<http://www.nolefan.org/summary/index.html>) Robert Perrone, Webmaster

ANNIVERSARIES

Chick & Jennie Cicio	59 years, 60 in April, 10	Claire Essig (& Dick) Traynor	43 years of marriage
Don & Connie Holder	59 years, 60 in August 10	Yoshi & Haruyo Hatano	45 years, 46 in Oct. 10
Benny & Carolyn Wallace	56 years, 57 in May 10	Nancy Lamb & Bob Durocher	45 years, 45 in Dec. 10
Carmine & Daneen Regna	55 years, 56 in August 10	Dick & Susie Gutting	41 years, 43 in June, 10
Jim & Marlene Jackson	54 years, 54 in July, 10	Bill & Carol Beavers	42 years, 43 in July, 10
Don & Patsy Rapp	55 years, 56 in May 10	Terri & Cheri Morris	42 years, in 09
Sam & Topsy Bailie	53 years, 54 in June 10	Wayne & Heather Thompson	39 years, 40 in January 10
Jon & Boots Culbertson	52 years, 53 in June 10	Derek & Nancy Lawler	36 years
Jay (& Ellie) Schwarzman	50 years of marriage	Gail & Bill Whitney	37 years, 39 in August 10
Roger & Tamara Tucker Webb	52 years, 53 in November 10	Harmer & Magdalena Weichel	37 years, 38 in December 10
Almira (& Jack) Sharp	48 years of marriage, October	Andy Anderson & Curtiss Long	35 years, 36 in December 10
Karsthin (& Lennart) Malmlin	47 years of marriage	Joe & Dottie Tayloe	32 years, 33 in September 10
Beverly & Bill Beaton	49 years, 50 in Sept. 10	Jimmy & Janie Hanks	31 years, 31 in November 10
		Thom & Linda O'Conner	30 Years, 31 in May 10

A Merry Christmas greeting

Plan to attend the 2010 reunion

Friday May 21, Saturday May 22 and Sunday May 23, 2010

At Barbara Withers' Alligator Point Beach Home

Jack Miles & Nancy Dye	50-58	Anniversaries
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Welcome to the **Fiftieth Edition** of your Newsletter. It first hit the wires In **September of 2005**.... It started out as a monthly....sped up to every two weeks....slowed down to every so often.... On **June 2006**, Nine months later - with a pregnant idea - Mike Mann delivered your Web site with some financial support from Benny Wallace, and it was announced as up and running in the June Edition of the Newsletter. (Many of you remember my former monthly Newsletter which ran for ten years in the 60's & 70's and sent to every gymnastics team, coach or interest in Florida. Boy that was a bear folding those past Newsletters for the envelopes every month.....Anyway

Our first edition of the present Newsletters started off with the following:
From Barbara Murray Withers
 “For those of you, who attended the reunion at my beach house, just wanted you to know that luckily we came through Hurricane Dennis with very little damage. The beach and the sand dunes took a beating but by next year when reunion time rolls around again (next year, jmm) they should be nourished and recovered. Everyone is invited to come back, and hopefully Angelo's Restaurant (which was demolished in the storm) will be rebuilt by then.” (Angelo's was where we all dined together and where I met everyone for the first time that week-end. jmm)

Interestingly, the first edition contained a list of about twenty of our names and what, in one or two lines; we were doing in our life. It was interesting that so many the words are still true to this day.....pull it up on your Web-Site.

Barbara Sheehan Withers	54-62	Barbara visits her son in Miami
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“From Barbara First, sorry we did not make it up there on Friday. I really appreciated Nancy calling me and I know she was working, so we can do it another time. I too cooked for Thanksgiving - fed 150 people at Pierce's church Wednesday night and then again, 14 people at his parsonage for Thanksgiving Day. Yesterday I drove 8 hrs. from Coral Gables to Tallahassee - such a long drive! I certainly understand why Don can't make it with his bad back - I could hardly get out of the car to pump gas on the way home! Worked all day today and am about ready to call it a day. **Regarding the Reunion: I am reserving Withers Heights and ShipWatch Cottage both from Thursday May 20th through Monday May 24th.**

We will plan the reunion for Friday May 21, Saturday May 22 and Sunday May 23, 2010, giving us a day on each side for early arrivals / late departures / shopping and cleaning. How does this sound? I do suggest we put it in the 50th newsletter so people can start planning, don't you agree? Love to all, and tell Chad while in Miami I met the President of Manatee Jr. College - Bradenton (brother of Pierce's boss) and they are starting a tennis team there this year - he's looking for players and has Betsy Nagleson lined up as coach, also will be training some with Nick Bolliteri Academy - sounds like a good place to start! Let me know what I need to do for the Reunion - Should I send out a notice by mail also? Hugs, etc. Barbara {You got it Barb and here it is...jmm}

Jimmy & Sanjuanita Janie Hanks 52-56 "Yip and Kip"

{ Jimmy Hanks tells us that he had a dog named "Yip" and Holder's had a dog he called "Kip". Can't you just see and hear these two

side by side calling their dogs.....jmm }

Benny & Carolyn Wallace 51-55 Reply to my email asking if had he ever met a friend of mine who was a former pilot

"Never met him. The F106 was an interceptor, not a fighter plane -- big difference. By some strange turns of fortune, I was an interceptor pilot for 10 years, fighter pilot for 5 years and reconnaissance pilot for 5 years. There is a pecking order among pilots and fighter pilots are at the top and must defend our turf. There is an old pilot song that says it all:

You can tell a bomber pilot by the spread across his rear,
By the ring around his eyeball you can tell a bombardier.
You can tell a navigator by his maps and charts and such,
You can tell a fighter pilot -- but you can't tell him much!"

Pilot Quote of the day "Flying without feathers ain't easy"BCW

Benny & Carolyn Wallace 51-55 {A great message to heed....jmm}

"Sometimes a single event can profoundly alter the course of one's life. It happened to me and my wife,

Carolyn, one night in Singapore more than thirty years ago. We were there on leave from my base in southern Japan. With us outside our hotel were our two teenagers and a fellow fighter pilot and his wife. Our plan was to hire rickshaws to the famous Raffles Hotel for dinner. I did the mandatory good-natured bargaining for my little group and we prepared to depart. For some reason our friends didn't like the price, or the process in general, and decided not to go. So Carolyn and I piled into one rickshaw and our son and daughter into another and off we went, laughing into the night. We had a fine dinner in the wonderful old hotel and returned the same way. It was a magic night; the shadows cast by the full moon, the exotic smells of the tropics and the four of us healthy, happy and together in such a lovely setting was to become one of our most treasured memories, but for a different reason than we knew at the time.

Soon after our return to Japan our friend was killed when he crashed on takeoff. He left his wife and two young children. Of course they had no way of knowing what fate had in store for them just days after they passed up that rickshaw ride, but the lesson was not lost on me and my wife. Now, after all of the years and hundreds of "rickshaw rides", we often think of that night and what we learned. Anytime we hesitate and think that something is too expensive, daring or different, one of us will ask the other if we should do it. The answer always comes quickly: "Yes, always take the rickshaw ride!" Now in our seventies, we don't know how many "rickshaw rides" we have left but we don't intend to miss a single one.

Claire Essig (Mrs. Dick) Traynor 59-62 "Wishes"

"Jack, I am jealous, that you all get to see each other so often. I only wished we lived closer. I remember the times when Dick and I went to Miami on business trips and all of you joined us now and then for dinner, etc. It brings back old memories!"

Claire Essig (Mrs. Dick) Traynor 59-62 "Picture Pride"

"Go to Webshots.com....Click on the "Travel" in the column on the left side of the page. My son Randy won the picture of the day

(POTD)....Glacier National Park he took last month on vacation. He is getting comments from all over the world!! Claire"

{The picture is very beautiful.....Because of Clair's email I got hooked on the website...The most amazing nature shots taken from all over the world by Joe & Jane citizen. This looks like a new venue for Benny & Carolyn Wallace.Incidentally, I have a "Group" emailing titled, "Animals, Birds, & Nature Lovers" for all those whom I have noticed as interested in such. So whenever I received an email for this interest group I "forward" it to those addresses. This type of message gives a welcome change and gives us relief from all the stress of the day and pulls us back to what is really important. If you are not receiving such because you are not in my "Group" let me know and I'll add your name. Or, remove your name if you want it so.....jmm }

Benny & Carolyn Wallace 51-55 That's what it's all about

'Carolyn and I talked with Harmer for more than an hour yesterday. Although we have exchanged e-mails since his name came out in the Newsletter, we have not seen each other or spoken for 55 years! It was a great treat. Take a bow, Jack. Your Newsletter has been a joy in so many ways. BCW+1" {Holy Mackerel Benny....I thank you...That is exactly why I started the Newsletter in the first place....so we could find each other and communicate. You have made my day....Jack }

Jack Miles & Nancy Dye 50-58 "Describing my life"

{ Our AC finally died totally after about 15 years of 24-7 usage. Three plus days of total misery in the house..... \$85 for a repairman to tell me it will never work again. Hundreds of dollars later for a new one and a sweaty five hours of my installing it I am sore but very grateful I got it in and it's working well. My God! I never knew how much we were dependent on AC here in the tropics. It was a similar time to when the power goes out during the Hurricanes. A woman friend paid me \$360 for dog sitting for a week (I really love the dog anyway). So I get a few unsuspecting bucks extra and the AC dies.Of course..... So I was blessed to have some extra cash to help and cursed because the money always comes in the house one hour before the bill arrives to take it away. Laughing, because I just described my life in one sentence.....jmm }

Mike Mann & Fran Millians 57-67 Mike trying to coordinate getting his ladies to leave to attend a function

"Good idea but I would wait a little, think they are likely to be a little late, ever try to herd cats?" {Great line....jmm }

Charlie Christian | 55-57 | **RE: an email I forwarded showing poor/scary plane landings**

“Jack, Thank you. The comments were as good as the pics! Once I

was on a short hop from Memphis to St. Louis and the turbulence was awful! The Captain never said a word until we landed. He apologized for not talking to us for it was so bad he and the co-pilot couldn't make an announcement for the tough time they had controlling the plane. The only thing we knew was the fasten your seatbelts light was never turned off after takeoff. He went on to say it was the worse weather he had ever experienced. Once it became so bad we were past the point to return to Memphis. The parking lot in St. Louis had 2-3" of water and it was still storming. Charlie”

Beverley Cude & Bill Beaton | 55-59 | **Re: Some beautiful nature/flower pictures I sent to her in Canada**

“I tried to send
"Concentrate on

this Sentence" back to you, Jack, but my old machine wouldn't include the beautiful bunch of flowers or the given font which comprised the very true words. It so happens that vibrant purple flowers are among my favourites. They also reminded me of one of Jan's pieces of art that were displayed on her son's web site. It, too, featured blue flowers and I had wondered how I could get it. You mentioned her works in your newsletter, so if anything comes out of that, I'd be interested. {I have been very delinquent in this matter; I will follow up on the pictures....jmm}

However, those flowers brightened this otherwise weather-related gloomy day! Yesterday was magnificent! A cloudless blue sky capped the many trees which are now taking on their vibrant colours of gold, red, and rust mixed in with the lingering summer green. Heather remarked to me that while she always enjoys this time of year, somehow it's also a bit sad to think that those leaves will soon fall and bingo!....we're into yet another winter! But back to yesterday, overnight a menacing system (from the eastern US, by the way) moved in, presenting us with the antithesis of the prior day's glory. It did away with that warmth and colour, replaced the blue with heavy clouds and drenched us in chilling rain. I didn't bother to set foot outside! All that to say thank you for the cheery note!

I had meant to mention at the time of your last newsletter that I noted with interest that you had "Pambee" bound to give to your grandchildren. 6 of them! I don't think I knew that. How old are they, and do they live nearby? In any case, I'll bet they are thrilled to have such a personal gift. Now, have you considered taking it one step further i.e., to the general public? {She is referring to a children's book I wrote and illustrated....no I haven't pursued a publisher...any ideas?.....jmm}

In that newsletter, too, were sections of sadness...but you pass on that information tempered with a touch of your special humour and caring which is uplifting. It's appreciated, I'm sure.

Hmm...This it turning out to be longer than I had thought. I'll close by saying that if we get another stunning day such as yesterday, I'll aim my camera at Mount Royal which is part of our view from the living room and pass the scene along.

Have a good night, and week to follow, Bev” P.S. Jack your writings prompted me to ask, did you have any books around your house when we were kids?”

Jack Miles & Nancy Dye | 50-58 | **My response when Bev asked me about my reading habits when growing up.**

{In our house we

only had three sets of books...The works of Mark Twain, The Encyclopedias and a set of "The World's greatest works". My family bought them all from some door to door salesman and were all kept in one small to medium size cabinet which my sister still has.. I never saw another book in our house. Naturally, to my detriment I never became a reader which made University life very tough. I didn't have much money for college books, so I spent a lot of time doing assignments, which required a class text book, in the library using their copy. When retail chain bookstores came into existence I thought they would never survive. I'll never forget my shock when I went into a large book store and saw so many people buying books....and they even had a coffee and doughnut bar area. I'm glad I lived long enough to see that....Jmm}

Jack Miles & Nancy Dye | 50-58 | **“Hand me downs”**

{One thing about having grown sons is that I use to get all the “hand me downs” that Chad had outgrown....Kind of a reversal of the standard procedure. Now I don't get any “hand me downs” because he is presently six foot tall and I look slightly mentally deprived when I try on his long legged trousers... it's humbling.....jmm}

Jack Miles & Nancy Dye | 50-58 | **Bigger than mine**

{Have you ever seen the circulated email where this guy set up a horizontal bar on a cliffs edge. The cliff was hundreds of feet high – maybe thousands of feet - over a gouge. Then him jumped up to the bar and did several front giant swings facing out over the cliff then he releases in to a swan/Hecht over the top of the bar and out over the cliff into open sky....it was then that I could see a small parachute strapped to his back that we can assume he opened.... but the shot just shows him free falling in a spread eagle flight.

Like I said, “Bigger than mine”..jmm.}

Bill & Carol Beavers | 57-61/69-70 | **Re: An email to Don Holder from Bill**

{Don sent pictures of a beautiful island paradise vacation spot...jmm}

“Don, Can we have the next reunion there? Any luck with insurance coverage on your back surgery? Thought about you and Jack this past week. Joe Morrell and I went to west central Fl and did some kayaking and snorkeling around some of the great springs along the Suwannee and Sante Fe Rivers. Those springs are a treasure and I'm really glad the State has bought up most of the spring heads and runs. We stayed at Barbara's for a couple of days and had a great time with a great lady. Bill {Bill has been traveling to all these beautiful rivers in kayaking races.....Lucky bum....jmm}

Carole & Milton McGowen | **Years attended FSU?** | **Lost but now found**

{I am elated that we have found – or she found us – another of our gymnastics family.....jmm }

“Carol & Milton McGowen ckmcg@cox.net “Jack, stumbled on the FSU gymnasts reunion write up. Was great to see the photo of old friends and to hear about what people have done since FSU. Couldn't believe I was actually looking at you, Raphael, Fadigan, Joe Greene, Rick Miller, etc. Would you please put us on the email list for your newsletter! The only FSU gymnast I kept up with was Karen Hanks, who died last year. We were very, very good friends.

Milton and I have been living in Arkansas since the mid 70's. Milton is now retired (after a career with Prentice-Hall, pub. {College textbooks}), and we no longer run the youth camp we built. I actually taught gymnastics in Fayetteville, AR, at Williams Gymnastics Center. Guess I took that up somewhere in my 50's. Mainly I worked with tot and recreational programs. Anyway, you probably don't even remember me from FSU, but you just might remember Milton. He did mainly trampoline. We sure loved that whole gym scene! Congratulations on your career with the Ft. Lauderdale Rec. Dept. And thanks for your obvious efforts to keep gymnastics buddies in touch. Appreciatively, Carol McGowen ckmcg@cox.net {Carole & Milton, I am so sorry it took me so long to respond to you email in October...more on the excuses later in the Newsletter..Your names were mentioned several times in the past and you should be hearing from some o us soon.....But first go to the first page of this Newsletter and open up Mike Mann's free.Web-Site. There is a lot of catching up to do and hopefully we can see you guys at the reunion.....which we have held annually for years. Love to you both, Jack AKA “jmm” in these Newsletters...WELCOME ABOARD}

Charlie Christian | **55-57** | **GREAT NEWS**

“Good news, **Praise the Lord!** As some of you may know, I was diagnosed with Bladder and Prostate CA October 6, 2006 and have been successfully treated. This morning I had my final quarterly check up with my Urologist. It has been three years since being diagnosed and I am now CA free so I have graduated to only a 6 mo. check up regimen.

There are many medical conditions which cannot be prevented by diet and exercise. The key is: Have regular check ups before a condition becomes advanced and too late to treat. My best and **Merry Christmas**, Charlie {Charlie that makes us all so happy to hear you are well.....Mike Mann also has been coming through his treatments with flying colors and this makes two wonderful success stories. I am so freaking happy to see you guys are doing so well.....jmm }

Almira (Mrs. Jack) Sharp | **51-53/60-62** | **GREAT NEWS AGAIN**

{Almira & Bob sent us a Christmas Card so I asked her, Who is Bob? Her reply was that Bob was the new love in

her life. To which I responded,

”WONDERFUL, TERRIFIC, GREAT NEWS. I AM SO HAPPY THAT YOU AND BOB HAVE FOUND EACH OTHER. LIFE IS FOR LOVE AND HAPPINESS AND WHEN YOU CAN FIND IT IN OTHERSCHERISH IT.

WITH GOD'S BLESSINGS FOR A MERRY CHRISTMAS

LOVE, JACK, NANCY & CHAD, DAVID, MICHAEL, SANDY, AND ALL THE GRANDCHILDREN”

Her response was.....Thank you so much. My feet haven't touched the ground in a long time. It has been 12 years since Jack died, and I thought I had made a very nice life for myself, but this beats it all. Love, peace and joy, Almira

{Claire is on the lookout for a new love so if you know of any great guys.....even Joe Gusic.....let her know.....jmm }

Jay Schwarzman | **51-55** | **Re: sent out a great collection of winter scenes with this note**

“I too remember the snowy winters in south New Jersey where I was born and lived until I was 11. We had lots of snow, most memorable was the winter of 1941, when my older brother had great times playing in the snow. We moved to Miami in 1944. Then we missed the snow. I met up with Ellie in very early 1957 and she loved the snow and cold. I started a job in Newark and after working about 2 weeks was given 2 weeks to go down, get married and return to work. That was 13 years after I left the snow until we went back to snow country. That first winter in Newark was a real tough one because our blood had gotten thin and we did not have the proper clothing. That changed quickly but even with that, that winter was a real “character builder”. Jay” {My mothers family was from Forked River and Toms River NJ. Maybe Jay and I crossed paths as children and didn't know it.....jmm }

Beverley Cude & Bill Beaton | **55-59** | **Bev writes about the above and Canadian Winters**

“Hi, Jack and Jay, Ready for Winter? Well, I suppose I am

knowing it's inevitable around here. Earlier this morning I sat in my pajamas, shivering slightly as I looked through Jay's Powerpoint photographs of winter at its prettiest. I exclude from that category those shots of the wild life in their particular predicaments.

Just last Thursday, we were hit by a deluge of snow and high force winds. Wouldn't you know, because I live close to "my" school, I got a phone call asking, if I could go in to replace a teacher who just couldn't make it. Several of the roads wind uphill on Mount Royal, so I slithered and slid my way there in first gear. I had to park on the street, nonetheless grateful for that space. That is, until at 3:15, I went out to encounter this white mound of snow where I had left said car, now covered and snowed in on all sides. Nasty snowplows had left heavy masses of by then less than beautiful piles of road and sidewalk mess. I climbed over the banks, kicked away enough "beauty" in order to open the driver's side door so that I could then open the trunk to retrieve the shovel and ice scraper which are always there, even in summer. After approximately 30 minutes, I had made a narrow space around the car leaving a small rectangle in which I rocked the car

back and forth until finally, with a most welcome shove from 2 female passersby, I shot out onto the street. Safe at home soon after, but tired and cranky, I made it known that I was finished for the day....order in pizza for dinner. End of story.

Still, I recall much fun in the snow when adult problems were not ours. Depending on conditions there were snowmen, forts and snowball fights, bumpy spinning slides down "Flying Rock" on large pieces of heavy cardboard, and free flight from the garage roof into deep drifts of snow. We wound up with the white stuff sticking to our snowsuits, hats and mittens. Finally cold, but rosy cheeked, we dripped our way through the kitchen to the basement where wet clothing was removed and left to dry for the next foray. On that note, my friends, saunter outdoors into your warm sunshine, appreciate it and smile! Bev" {It was 78 today with sunshine howes' it up in Noranda?.....jmm}

Jimmy & Sanjuanita Janie Hanks | 52-56 | I think Jimmy sent me this {“One of the funniest from the South.....jmm}
A FISHING TRIP with JACK DANIELS

“I finally got around to going fishing this morning but after a while I ran out of worms.

Then I saw a cottonmouth with a frog in his mouth, and frogs are good bass bait. Knowing the snake couldn't bite me with the frog in his mouth; I grabbed him right behind the head, took the frog and put it in my bait bucket. Now the dilemma was how to release the snake without getting bitten. I grabbed my bottle of Jack Daniels and poured a little whiskey in its mouth. His eyes rolled back, he went limp, and I released him into the lake without incident, and carried on my fishing with the frog. A little later I felt a nudge on my foot. There was that same snake with two frogs in his mouth”.

Mike Mann & Fran Millians | 57-67 | Athletic Director, Randy Spetman's email {On Sunday I forwarded an email from Mike Mann forwarded again from Randy

Spetman the Athletic Director we all met at the FSU Half-Time show. I added this note.....Many of you already read this from Mike, for those who have not...here it is again. to read or delete.....Point of information. I recall quite well when Doc said one time, “The Gymnastics Team has the highest academic record of any organization on campus except Phi Beta Kappa”.... Stuff like that does stick in your memory.....Jack}

Don & Connie Holder | 51-57 | Don's response to what I had written above “Jack, I remember Docs comment concerning GPA very well, and rumors that tutoring and test answers were given freely. Also that great cartoon in the Flambeau with the large football player gorging on food of which droppings were falling to the floor where so called minor sports were picking up the crumbs. The originator of the cartoon subsequently lost his position. Looks like things have not changed. Don”

Bill & Carol Beavers | 57-61/69-70 | Also from above “Jack, My Ga. Tech gymnastics teams usually had the highest GPA's of any athletic teams at Tech. Occasionally, the swimmers would beat us Hope you all have a great Christmas.....Bill”

Jack Miles & Nancy Dye | 50-58 | “Cheers” Our son, Chad {I am proud to announce that Chad, our son, has applied for entry into Florida State University School of Business this coming fall and has been accepted. So he now walks in the path of all of you wonderful giants. We are so proud of his hard work and this semester he has all A's even with some accelerated courses. Even though he has been a state high school tennis champion two years running with the 2010 year to go...His competition for athletic scholarship aid is not forthcoming. So it doesn't look like he can get a tennis scholarship. Nonetheless, his academics have afforded him some State help with his tuition and costs. Now, we are applying for every financial assistance we can find. His prestigious High School, St. Thomas Aquinas, tuition is \$1,200.00 monthly. Fortunately, with financial aid from the school and two “Angels” supporting his tuition he has been able to finish his senior year. You all know how it feels when your children get into a university. I cried when we found out he had been accepted. He did not want to go anywhere except FSU because of me and all of you.....his many God-mothers and God-fathers.....:-).....jmm}

Merik & Anna Ceska | 55-60 | Related to above “Dear Jack. Always by watching tennis on TV (this time US Open), I think on your son. Is he already studying at FSU? We are doing fine. Right now we are busy with re-building our bathroom here in Vienna. I am looking forward to see you at our re-union in May! Love Mirek {It is wonderful news that Merik will also be at the reunion.....Sounds like a terrific gathering.....jmm}

Mike Mann & Fran Millians | 57-67 | Kate his daughter {I am sure all of you had received the disturbing news of the death of Mike' Daughter Kate. A lovely, brilliant and successful business woman.....I cannot find the words capable enough to offer the most comforting words ...Kate is in God's hands and blessed by him now.....Our hearts go out to you Mike.....Love, ..Jack}

Mike says, “November has been one hell of a month. First my daughter Kate died on the 4th. Next Mary Mann's, my Ex, mother died two days after the services for Kate, November 17 and her services will be tomorrow, Dec. 1. Tonight, Fran had to put down her 13 year old dog and very best friend. I just had an e-mail from Joanna, and Dooley had just called and her mother died last night in her sleep. {Some of might remember Dooley, Mike's Ex., and Kate's mother.....jmm}

This was not unexpected, she has been in a nursing home for a couple of years and had developed Alzheimer's. I don't even think she had recognized Dooley when she visited lately. She also kept asking for her sister that had died twenty years ago. She had recently gone into a downward spiral and had not been expected to last much longer.”

Stu Goldberg | 58-62

{ As mentioned in past Newsletters we learned that Stu had to undertake some, up to now, untried aggressive cancer treatments.. All of the following is related to his journey and courageous fight.

The end of the story up to today is optimistic, but the events leading up to today read like a theatrical play. The next page and a half tells the story starts with a "Surprise Party" for Stu, our "Rocky" ...a story of a true fighting spirit.....jmm}...

Our Stu Goldberg Goldberg <kemosabe32@yahoo.com>.....

October 26, 2009 (Written by Stu)

Re: Congratulations Last night, Saturday the 24th, was the most unbelievable night of my life, honest injun. Thinking the lady friend of my pal Ed from the gym was treating us to dinner at some fancy establishment, as she requested that we both wear our "Buster Browns," etc, I was led on a sort of treasure hunt from one place to another, opening envelopes with instructions at several stages of the way. Finally, now a little sweaty under my tie and jacket, Ed led me down the hallway at the Doubletree Hotel and when the doors opened, there were over thirty people (count 'em, 30) in a huge half circle around the room, waiting to greet me. It's a good thing my friend Irv

Rudley from Florida told them "Don't all yell surprise, as he might have a heart attack," or who knows what would have happened. In my wildest imagination nothing like this would have popped up. It was almost surreal, cameras going from all directions all evening. My friends, a videographer (Eric Harnew from San Anselmo, and John Burrell, who is now a TV producer from San Francisco), were getting everything on sophisticated cameras and tape, everyone else on their smaller digitals, as if I were the most important person on the face of the earth.

Hardly knowing how to express myself, and unable to burst into tears, which I would have done if I could have, my eyes widened continually for quite a while as I began to recognize faces not only of a few contractors with whom I have worked here in Sacramento, but here was Irv Rudley from Miami, Ted Zawislak (Ted Anthony from his radio days) from Key West, John and Jean Swingle from Stocton, Bob Ulius who used to work in my guitar shop, from Palo Alto, Rick and Evelyn Miller (he was my college roommate) from Upland, Calif.," {Contained within was a lit of the attendees. jmm} A magnificent event everyone should experience at least once in their lifetime. Thanks for your greeting and remembrance. Love, Stu

Jack M. Miles Sent: November 9, 2009

Greetings Good morning Stu, I didn't get a chance to tell you how much I enjoyed your DVD where you were entertaining your friends at the party. Every time I think of you this phrase comes to mind., "The whole world is his stage". I still treasure the info on the glass block tiling and as yet have not had a chance to use the info. Other jobs have a place in line first, but I will be using it - maybe after the first of the year.. From what you told me I suspect you are right in the middle of the "Kemosabe" fight for better health. Well, knowing your spirit I know you are a really super trooper. My good wishes for your success be yours.Keep the wind at your back.....Best of regards.....Jack

11/23/09

"hi gang ...i just got off the phone with stu ... good sign ... he was very talkative tonight ...i was encouraged that i couldn't get a word in edgewise ... just like the good old days ...he has difficulties with some of the meds he's on ... please don't ask me what they are ...and he's not eating very much so he continues to lose weight ...tomorrow morning he'll be back "in the city" for more intravenous treatment ... i'll try to reach him again tomorrow night to see how that went ... stu is a tough cookie and is making the best of a bad situation ... and as i always boringly say ... and feel free to quote me ... attitude is everything ...i'll stay in touch best i can ... stay tuned ...kindest regards to you all ...stan" {Levin.....jmm}

11/29/09 (A.M.)

"Hello, I went over the Stu's place yesterday because I hadn't heard from him in two days. I let myself in and found him in the bed dehydrated because he hasn't been able to ingest anything because of the pain in his stomach.

So I took him to the emergency room and they gave him a couple of IV's and gave him some morphine for the abdominal pain. A CAT scan was taken to see if there were any blockage in his colon and they came back negative. They will be admitting him today to assure that he is well hydrated.

I will be in touch but if you have any further questions please feel free to call.Ed Pryor (916)847-3357

11/29/09 (P.M.)

After spending hours in the ER waiting for a room to become available upstairs I must say what a difference a day make. With plenty of fluids and pain meds to help ease the pain, Stu's seems to be quite perky this evening. He was able to eat a chicken breast and half of a potato with some 7up.

I could see the changes and also hear the spunk within his voice if you know what I mean That Being Bossy With Everyone" anyway I will be back tomorrow morning to meet with his doctor to find out the next course of action.

Talk to you later, Ed

12/03/09

hi gang ...stu had a heart attack today ...three valves blocked ...he is in intensive care as i write ...i'll update you as soon as i have more information ...possibly tonight stan

6/7

12/03/09 (PM)

hello again stu fans ..i just talked with ed pryor ...stu is in good spirits as of this writing ...cracking jokes with the nurses ... always a good sign and eating some food ... also an encouraging development ...

i don't understand one of the things i'm hearing ... and i'm not sure it's valid ...according to ed a stent was placed which supposedly is to be removed tomorrow ...i don't get that at all and neither does ed ... but true or not ???

i expect to know more tomorrow to pass on to you ...rick and evelyn {Rick & Evelyn Miller....jmm}were going to drive up there this weekend (from upland) and drag me along ... then i would only have to drive up to their place ... about 110 miles

which i can deal with ... i have a few problems too ... not life-threatening ...it probably will not make sense to go this weekend ... but maybe next stand by stan

12/04/09

hi gang ...bad news ... i'll be brief and tell you my understanding of stu's situation ...he remains positive and optimistic but the reality is less than encouraging ...he is out of icu now ...three of four heart valves are described as "rock hard" ...he needs heart surgery but his other medical problems preclude going in that direction ...so apparently no transplants or other heart procedures will be forthcoming ...and the consequences of such prognoses are fairly apparent ...i am so sorry to pass this on ...updates to you all as they come in stan

12/05/09

good evening friends of stu ...i just talked with stu followed by talking with ed ...what a pal ed is ... and loyal ... and how lucky for stu to have him ...i never mention it to ed but i know he has to make a living too ... and who knows what work he has had to delay or forego to help stu ...others are helping out too...stu sounded very good on the phone ... almost like my chum of old ...if not for the message you would not know you were talking with a very sick guy ...he has severely blocked arteries and the doctors are struggling with that problem ...his nurses are treating him with great and expert care ,,last night ed bathed him head to toe and tonight he's giving him a shave ...i am waiting day-to-day for "permission" to visit ... it's up in the air right nowas you can easily imagine ... maybe in a few days we'll be able to go up ...i will keep you all updated as things progress ...stan

12/07/09

Good evening all, I stopped by to visit Stu on Friday. Indeed we are all cognizant of the fact that he is ill. Nonetheless, I found him to be having a very good day. He was cheerful as always and his cheshire grin did deeply tug at my heart. His positive attitude and zest and appreciation for life should indeed be a lesson for all of us. We must all live in the moment and always appreciate our friends, loved ones and all of our blessings. Life is too short to do other wise.

As for Ed, he is generous to a fault with his time and all the gifts he has been blessed with. He seems tireless and always ready, willing and eager to help those in need. I am immensely blessed to be able to think of him as the best male friend I have ever had in my life. I would venture to guess that I'm not the only one who feels this way about him.

This could very well end up becoming a novel of epic proportions should I not cease writing soon. Suffice It to say, they are both very special men. Do write and or call Stu when you think of him. Let us ensure that he knows how much he is loved and cared about. Always remember that we can get updates reference best times to visit and inquire about he is faring

by calling the hospital. Peace. Joy and Love, Celia (aka Maria). :-)

12/08/09

hello stufans ...just got off the phone with ed ...stu is up and around ... and taking care of his own "biology"

he is out of cardiac care and it's looking good for him to be released this week ...arrangements are being made for some level of home care for him ...his legs are swollen ... both legs ...experience allows me to diagnose that as edema ... a condition i live with ...not too uncommon with us old farts ...pretty good chance we'll be going up to sacramento by the end of the week ...the weather has been bad here in so-cal and up north ... with another storm coming in which might bear on our plans ...i'll keep you posted ... stay tuned stan

Jack Miles & Nancy Dye	50-58	BEST WISHES
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{It's that time of year when we all wish each other our love and good wishes. Let's review the past year.

The reunion was great and the next promises to be even better May 21-23, 2010

Stu Goldberg is fighting a good fight against his cancer and illnesses and has wonderful friends at his side

Connie Holder has won over breast cancer for the past seven years

Charlie Christian is doing very well after years of cancer treatment

Mike Mann is doing great as well after his many treatments

Almira Sharp has a wonderful new love in her life

Chad Miles, Nancy and my son, has been accepted into Florida State University

Carole & Milton McGowen have found us and will be receiving the Newsletter

At 81....I still have my annual arousal..... on April Fool's Day

Many of you have joined and are sharing on my Animal/Birds/and Nature email group

We all deeply share Mike Mann's loss of his lovely daughter, Kate

And send him all our love and prayers.

MERRY CHRISTMAS TO ALL AND HAVE A HAPPY HOLIDAY

7/7.....(See you in 2010)