

**(09/20) From Mike & Fran Mann (57-67)**

(I asked he replied, jmm)"I was there from the fall of 1957 through February of 1967. I think you and I roomed together in '59 or '60, then I roomed off and on with Beavers until probably 1962" ... "I graduated in 1963 but stayed on until 1967 on the staff and part-time grad student. I had begun working in the computing center in 1962 and they kept me on in as staff member in various position until I hit the promotion ceiling as Assistant Operations Manager and had to move on to find greener pastures. After some mixed experiences with private industry, I was at New Mexico State in Las Cruces for at least twelve years at their computing center and working on an MS in Computer Science." (Mike, Beavers, Leigh Heisinger, and I did some body recovery in sink holes and underwater caves. I made 2.5M on a story I wrote about it, "Swim into Your Grave", one of our exploits, for *Argosy Magazine*, jmm)

**(09/22) From Alice Englert (Carrie's Englert Zimmerman's Mom)**

(Response to how I had inadvertently put 1957 behind Carrie's name in the Newsletter. jmm)

"Hi Jack, Once again enjoyed the newsletter. That 1957 date happened to be the year Carrie was BORN. It was Thanksgiving Day after a big noon meal. We had been to a high school football game the night before and everyone was afraid I would have that baby in the stands.

Anyway, the next day my back was hurting a little and we just happened to have a friend from out of town who was a doctor. He said he thought I should call my doctor which I did and we met at the hospital (since it was Thanksgiving he was at home). He decided I should check in but said I was not ready to have the baby. He left, husband Roger went to our house to get me a toothbrush and I went up to a room.

After getting into bed, the nurse came in to check me----she yelled to another nurse to call the doctor and tell him to get here fast. They took me, bed and all into the delivery room, telling me to relax and to breathe deeply because the baby was on its way---in a big hurry. Doc rushed in... sat at the foot of the bed and caught Carrie as she Vaulted out!!! (I never had to push as she had made up her mind to explode into this world. At least that's what the doc called it---an explosive birth.) She has been moving fast ever since.....This is for you because I know you would appreciate it. Mom Alice"

(I just love this story. I'll bet the judges gave Carrie 10's for risk, originality, and virtuosity. 1957 was a good year for girls. I married a few of them. Can't you just see the Doctor with his catcher's mitt, with the attending nurse right behind him. jmm)

**(09/22) From Joe and Carol Regna (50-54, 81-83)**

"What a great feeling, to hear from so many friends from the past. And what a past it was!! I have lost contact with so many of friends and your newsletter lifted my spirits tremendously by sharing the news. For those who I have not been in contact with on or about 55 years, let me try to fill you in somewhat. Graduated from FSU with a BS in 1954, earned a MA from NYU in 1961, and returned to FSU and earned a PHD in 1983. Taught Physical Education and Driver Ed and coached gymnastic at Hialeah High School in Miami 7 years. Was called by the University of Florida and asked to consider a position on their faculty to teach and develop a Gymnastics program. (A no brainer question). Began in 1961 and retired in 1993 (32 years). During that time was active in USGF and NCAA teaching Judging and safety courses. For six years, I served on the NCAA Gymnastics Meet and Rules Committee. My claim to fame here was that in all of the history of the committee, to the best of my knowledge, no one else has served on this committee who was never a University Varsity Gymnastics Coach. For the last two years and three months I have been married to a wonderful woman. Chances are I will not win the prize for being married the longest time. Barbara, Carol and I want to thank you for all the work you did in making last year's reunion a most memorable experience. We are looking forward to next year. I welcome E-mail from my long lost friends."

[jregna81@thevillages.net](mailto:jregna81@thevillages.net)

**(09/22) From Jack Miles (51-58)**

Speaking of teachers, my high school girl friend's mother was a teacher. Her mother intercepted a love letter I have written to "Barbee", wherein I poured my aching heart out. Her mother took out her red pencil, marked and corrected all my spelling and grammar errors and sent it back to me marked in a large red "D-". Do you think she was trying to tell me something?

**Years Married Contest (Recorded as of this date)**

Chick & Jennie Cicio	55 years, 56 in April, 06
Don & Connie Holder	55 years, 56 in August, 06
Benny & Carolyn Wallace	52 years, 53 in May, 06
Carmine & Daneen Regna	51 years
Jim & Marleen Jackson	50 years, 51 in July, 06
Jay & Ellie Schwarzman	48 years this past September 1st
Beverley & Bill Beaton	45 years

**(09/23) From Chick & Jennie Cicio (54 -59)**

"Hi Jack.....I know I haven't sent much, I'll have to forward something soon. Jennie & I will be married 56 years this coming April 2006. Got hitched April 1950.... boy oh boy, didn't realize Jennie was so old."

**(09/23) From Alice Englert (Carrie's Englert Zimmerman's Mom)**

"Carrie is often asked to speak at functions, meetings, etc."... "One was to a professional Women's group. A point she made was very much what the sign in your office said "success is a lot of mistakes corrected". She had a fun story to go with it but basically she said "you must make mistakes (often over and over ) in order to improve otherwise you will be content with what you do at first try which is seldom if ever the best you can do" . So admit your mistakes and strive to correct them!!!"

**(09/25) From Dr. Charlie Christian (55-57)**

(Charlie mentioned his stepping down as President of the "Master Gardeners". I asked that he expound on that, jmm)  
"I took The UGA (Univ. of GA.) Master Gardeners course from Jan. to Apr. of 2003. Every state has a Master Gardeners program sponsored by a State University. We work with everything from 4-H to community organizations in all phases of gardening. Everyone needs a hobby in retirement years and I have been interested in gardening since a "small tike". I even had a WWII Victory garden!"(So did I, partners with Jack Sharp, jmm) "Gardening is presently the largest growing hobby in the world. Even in Georgia we are able to have something plants blooming year round.

Being somewhat of a leader, I was elected V. Pres. of our eight MG County Assn. in 2004 and Pres. in 2005. It has been a most pleasurable experience I won't forget. In addition to newly found old Gymnastic friends I have amassed many new Statewide gardening friends as well. Master Gardener is actually a misnomer. We are only Masters in continued learning, as we all should be in whatever our interests. Master Gardeners are an enthusiastic bunch and are so eager to stay active. Old folks need something to do or they dry up atrophied..... in mind AND in spirit. I didn't say old..... did I? "

"Life is full of opportunities if you only get out and look for them. They don't knock on your door! Being around outgoing people, young or old, is a wonderful stimulant. Feeling needed and appreciated is the key to happiness. Thanks so much for your time in organizing contact between old friends. It is a wonderful trait of initiative and greatly appreciated by all who receive your wonderful newsletter. You must be a Virgo". (Capricorn, Xmas eve, My grandfather and my second son, Michael, were born on Christmas Day. It dates nine months back to April Fools Day - Does that surprise anyone? The Irish always have been big gamblers. jmm) ..... "Nowadays true, long lasting friends are hard to find!

Love ya, and my best to all my recently found ole friends, thanks to you. GO SEMINOLES !!"

**(09/27) From Dr. Jimmy Tanaka & Peggy (51-57)**

I asked Jimmy, a consummate gentleman, friend, and great teammate, to send me some information about his life. I received it and it is so unbelievably impressive. Here I am giving you the "Readers Digest" condensed version of some of the highlights of his life. Nonetheless, I have also consolidated his five page achievements into the last page of this Newsletter - all information much too valuable to eliminate. You will be amazed. Jimmy, Jack Sharp, Joe Taylor, Stu Goldberg and I all came to FSU from Philadelphia. I am aware that the nurturing, of his loving family helped young Jimmy dream of and hone his determination to achieve great things in his life. He later found a saying that he believes guided him even further,

*" Remember, Life has no Rehearsals, only Performances! No endeavor is worse than that which is not attempted"*

**Honors:** Doctorate Degree, Squadron Commander, USAF, 21 Years Associate Professor and Head Coach/Instructor of Gymnastics/ Judo, United States Air Force Academy, Military Assistance Advisory Group US Embassy in Tokyo

**Awards:** Distinguished Flying Cross, Meritorious Service Medal, Air Medal with 2 Oak Leaf Clusters, Air Force Commendation Medal, Vietnam Cross of Gallantry, United States Presidential Unit Citation, Vietnamese Presidential Unit Citation, Two consecutive tours in Vietnam

**Martial Arts Expertise:** Seventh Degree Black Belt: Judo, Sixth Degree Black Belt: Jujitsu, Second Degree Black Belt: Karate, Fourth Degree Black Belt: Aikido

**Certified Instructor of:** Flight, Martial Arts, Gymnastics, Sailing, SCUBA, Hunter Safety, Water Skiing, Snow Skiing, Sky Diving

**Teaching:** Outstanding Teacher of the Year (9 times nominee), Teacher of the Year (4 consecutive times), Who's Who among America's Teachers

**Others Achievements:** Commercial Pilot, Mountain Climber, Bungee jumper, Owner Real Estate Brokerage, (It behooves you {always wanted to use that word} to pull up the Newsletter, pull up a chair, sit back. absorb. If I had my life to live over I don't believe I could have accomplished all the greatness that he has. We are very proud that he is one of us.)

**(09/30) From Jimmy Hanks**

"Is this the same Jack Miles I went to school with? I don't know of any other old gymnasts to help you in your quest. I've spent most of my time out of the area serving in the military....Jim" (Well, we found Jimmy. Yes, Jim, I'm the same like the woodsman's axe...in great condition ...He had the axe for seventy-six years...only had ten new handles and six new heads. Like I always said, "Some of my parts are older than others.....my heart for example." jmm)

**Note:** As you have probably noticed I have been trying to balance the Resumes with Tidbits of Humor and Human Interest letters and stories (Any single category could not stand on its own - no politics or religion). . First I solicit a brief (if possible To brief) resume from you. After that the door is open for you to send me your human interest stories – which we all enjoy. jmm

**(10/05) From Bob Hicks (52-59)**

Having competed at FSU in 1951/52; 1957/58 and 1958/59 in rope climb only, and starting late at age 19, I didn't burn out early. I competed in the Senior Olympics in Pasadena and Long Beach when I was 43 and 44 years old ... taking first each time. I was proud to equal my collegiate record of 3.7 second at one of these meets. I started still rings at age 43, placing first once and second once at these meets. My wife and our 4 children and 5 grandchildren are active in other sports. I'm still active in the advertising agency business and can still climb hand over hand at age 73.

One of the lighter moments in my memory took place in the winter or fall semester of 1957 at an orientation meeting that you, as interim coach, conducted for freshmen and other novices like myself. After you told us that Abbie Grossfeld and Armando Vega could beat our whole team (which was more than true), you asked each one of us to introduce ourselves and state our best trick. A good sport, a freshman with cerebral palsy who could do adequate rings, said, "My best trick is standing still." It was a lighthearted comment that set the tone for the rest of the meeting. Say hello to the old teammates for me. Thanks, Bob (Bob, you just said hello to your old teammates Bob via this Newsletter. 3.7 seconds Wow! That's really great! Your "lighter moment" set the stage for an article I wrote. See the next entry in the Newsletter which refers to it jmm).

**(10-1) From Dr. Wayne Thompson (58 – 62)**

"Hi Jack: Here is a blurb about my activities since leaving FSU in 1962. After leaving FSU with an M.S. degree, I moved to Brooklyn, New York and lived with my uncle. I attended Albert Einstein College of Medicine, Yeshiva University where I received a Ph. D in Psychology. I taught Sunday school and wanted all my teenage cherubs to sing in the choir so. I introduced them to the youth choir director. She was a lovely young woman from Petersburg, Virginia. We were married in 1970 and have two grown children and one grandson. I coached gymnastics at the Brooklyn YMCA. We moved to Colonial Heights, Virginia in 1972. I retired from the Virginia prison system in 2002 where I worked 30 years as a psychologist. Give our friends my email address I love to receive mail. Fondly, Wayne"

(You folks remember Wayne. He has Athetoid CP which he considers a "nuisance" and not a handicap. I wrote a story about Wayne, "*The Incredible Young Man on the Flying Rings*" for *Boys Life*, back in '68 (got 3.5M for that one). Intelligent, dedicated, determined, and with a great sense of humor, Wayne's inspiring life's story was translated into 68 different languages in the *Boys Scouts Magazine* which was distributed all around the world. I don't have the story copied into the computer yet. Nonetheless, if you are interested I can send you a copy via regular mail. jmm"

**(09/29) From Bob & Nancy Hightower Trautman (54-56)**

Hi Jack, Can't believe the week here in St. Croix is almost over. It's hard to leave the wonderful weather, beautiful clear warm waters, no phone calls and good friends of this Island. We have met up with old friends and on this trip made new friends that want us to meet up with them every year at this time and location. I feel honored because the new friends are around the same age as mine and Bob's children. We have all had a great time this week with our diving, snorkeling, relaxing in the fantastic Caribbean water, late night skinny dipping in the pool (oops, did I say that?), pooling our food sources every night for a pot-luck and I just remembered, sailing out to Buck Island. Most of all however, being forced to just RELAX. I forgot to mention that I won first place in the crab race. We had to name our crabs and mine was "Naughty" and he won. I gave my prize to a young girl of about 10 from Delaware who was in the race with her crab "Bubba". She will have fun with her Mother or Father kayaking for the day. Both Bob and I had our birthdays while we were here and I feel so very fortunate to have been able to do it at such a beautiful place and with friends. I just cannot imagine life without friends, can you?

We will be back in a few days and that means back to work. Ugh! Keep the Newsletters coming. I really do enjoy reading it. (Nancy was my oldest son David's baby sitter when she attended FSU University High School. She traveled world wide for many years with her daughter and former Husband, Leigh Heisinger as "The Sensational Lees" on the Wheel of Death. Jmm)

**(09/30) From Stu Goldberg (58-59)**

Stu does not use email. He is a really great typist; I am really terrible. So it is going to take me quite a while to convert his one inch thick package of valuable materials, plus video tapes, books, and pictures into easy digestion. It is all really great stuff and I want to do it justice. It will be when I come home from work and after I take my son to tennis lessons. However, there is this request from Stu that I wanted to ask of you immediately, "If there is one thing I would absolutely give a gazillion bucks for, if I could ever find it..They didn't have Video cameras back when we did Gymkana '59, but there were movie cameras. And luckily I have a brief film you made of Annie and me, Bob Christians, etc. But if I could discover perhaps some townie who might have films of the show that year when I did the hand balancing act on the table, one armer on the cane, etc., I would give anything for that"...I long ago got to Bob May in Texas or someplace, but he wrote back that he never shot that. That's a once in a lifetime thing for me, and I would love to find a film of it. I would appreciate it." (Stu also gave me several addresses we were hunting. Like so many of you he has been living a very full life. jmm)

**Note:** Stu Goldberg told me that he too was wearing a hearing aid. I asked him, "What kind do you have?" He replied 12:30

**Note:** Newly "found" as Newsletter recipients: Bob Hicks, Jimmy Hanks, Leigh Heisinger with addresses & Email. Derek Lawler, Bob Christians, Annie *Eastham* Miles with addresses & Phone #. Have to determine Email if any. Jmm)

## **DR. JIMMY TANAKA**

**“Remember, Life has no Rehearsals, only Performances! No endeavor is worse than that which is not attempted” it**

### **Honors, expertise, adventures and awards**

*Received his **Master of Science Degree** from Florida State University and **Doctorate Degree** from the University of San Francisco*

#### **UNITED STATES AIR FORCE**

**Squadron Commander, United States Air Force** began career in the Reserve Officer Training Corps program at Florida State University  
**Associate Professor and Head Coach/Instructor of Gymnastics/ Judo, United States Air Force Academy (USAFA), 21 years**  
Advisor to the **Military Assistance Advisory Group US Embassy in Tokyo, Japan; Special Services Officer, Eglin AFB**  
Retired honorably after serving as Squadron Commander after serving **21 years** in the United States Air Force

#### **AVIATION**

One of the privileged few flying aircrew that flew into and landed in Hanoi, North Vietnam during the height of the war and departed unscathed,  
Recipient of: **Distinguished Flying Cross, Meritorious Service Medal, Air Medal with 2 Oak Leaf Clusters, Air Force Commendation Medal,**  
Expert Marksmanship, **Vietnam Cross of Gallantry, United States Presidential Unit Citation, Vietnamese Presidential Unit Citation,** Flying  
Aircrew: C-141A: Assigned to Travis AFB, Ca. (Worldwide Missions); C-130E: Assigned to CCK, Taiwan; Kadena AB, Okinawa; and Utapao AB,  
Thailand (Missions mainly to Southeast Asia and Micronesia); C-5A: Assigned to Travis AFB, Ca. (Worldwide Missions), (FAA) Instrument Rated  
**Commercial Pilot, Certified Flight Instructor (CFI),** flew C-141A, C-130E (**two consecutive tours in Vietnam**), Originator, coordinator,  
interpreter, and flight instructor for the International Flight Institute-Patterson Aircraft Company

#### **PARACHUTING**

**Sky diver jumped from as high as 15,000 feet** with oxygen, Class “D” (D-2636) **Expert,** United States Parachute Association (USPA),  
Jumpmaster and Instructor, Officer in Charge and **Company Commander, Army’s Jump School** at Fort Benning, Georgia

#### **MARTIAL ARTS**

**Seventh Degree Black Belt:** Judo; **Sixth Degree Black Belt:** Jujitsu; **Second Degree Black Belt:** Karate; **Fourth Degree Black Belt:** Aikido  
Instructor and coach of Judo at the Solano Community College. **Author** of USAF Academy’s Instructor’s Judo and Self Defense Handbooks,  
Inducted into the **Masters Hall of Fame** Outstanding Contribution to the Martial Arts, Self-defense Instructor, Instructor of Unarmed Combat,  
USAF Academy-**author of the Instructor’s self-defense** Handbook, College Instructor of self-defense, **Founder/Head Coach** of the Solano  
College Judo Club.

#### **AIR CONTROLLING**

USAF Forward Air Controller (**Combat Controller**), USAF Forward Air Controller Florida and California Highway Patrol.

#### **SAILING**

**Holder of the Official Internationally Recognized Instructor Certifications issued by the American Sailing Association** for Basic &  
Intermediate Keelboat Sailing; Basic Coastal Cruising; and Bareboat Chartering Also certified as an ASA Basic Keelboat, Basic Coastal Cruising,  
Coastal Navigation and Bareboat Chartering (50’ yachts) Spinnaker Sailing Instructor. Instructor at the Presidio Yacht Club in Sausalito, CA.

#### **AQUATICS - SCUBA**

**Coordinator and instructor of international Japanese divers** Self Contained Under Water Breathing Apparatus (SCUBA), Instructor of the  
Adapted Swimming program, Professional Association Diving Instructor (PADI) Water Safety Instructor (WS0, Springboard diving competitor and  
coach.

**SKIING:** Water and Snow Ski Instructor.

#### **TEACHING**

**Adjunct Professor** of Health and Physical Education Solano Community College, Recipient of the adjunct **distinguished faculty award** (1997-98),  
**Nine times nominee for Outstanding Teacher of the Year** Award Alpha Gamma Sigma), **Selected Teacher of the Year four consecutive times:**  
1999-2000, 2000-2001, 2001-2002 and 2002-2003 by popular vote of the student body, Recipient of the Superstar Award, Inducted four times into  
**Who’s Who** Among America’s Teachers-5<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> Editions, Presently part time instructor at a Community College part time, Gymnastics,  
Judo, Self Defense, Health Education, Body Conditioning/Weight Training, etc., Coordinator, Adjunct Professor and University Supervisor  
University of San Francisco.

#### **GYMNASTICS**

Fifty plus years experience as National and International competitor, coach, judge, clinician, and consultant of gymnastics. Received gymnastics  
scholarship to Florida State University (FSU). On the **winning NCAA and NAAU gymnastics championship team** every year as an undergraduate  
and graduate student at FSU. Consultant and instructor to the annual “Aloha Gymfest” Kaneohe, Hawaii. Instructor of gymnastics at Solano  
Community College

#### **HUNTING**

**Hunter Safety Instructor**-State of California.

Consultant, instructor, and interpreter for the Napa Bird and Game Farm. Former **Officer in Charge** of the USAFA Hunting Club.

#### **OTHER BUSINESS ENDEAVORS**

**Real Estate Broker** and Owner-Intercontinental Realty. Worked almost exclusively with clients from Japan. Consultant, interpreter, and instructor,  
Nisshin Kanko Co. and Sunpal Sports Connection, Nagoya, Japan for racquetball, aerobics, weight training, martial arts and SCUBA diving.

**Official Japanese interpreter** for the superior and municipal courts in Solano County, California.

Tour organizer, director, and outside sales for Ask Mr. Foster Travel Advisers of Vallejo-a division of All World Travel, Ltd.

Consultant and interpreter for Maxwell Entertainment Group.

#### **WHAT HAS HE DONE FOR FUN IN HIS SPARE TIME THESE PAST FEW YEARS?**

**Mountain Climbing:** Climbed Mt. Fuji in Japan. Half Dome in Yosemite eight times, Mt. Whitney four times in recent years. Extensive  
International travels: six weeks safari in Africa (Kenya, Tanzania, Zambia, Zimbabwe, (Did the **bungee jump** over the river, full of crocodiles formed  
by Victoria Falls-considered the **highest jump on the planet**). Visited China (sailed down the Yangtze River) & Hong Kong. Australia (**SCUBA**  
**diving in the Barrier Reef**), New Zealand, Did the bungee jump from the Kawaru Bridge (Queenstown)-world's first bungee site) Sailed to the  
Caribbean Islands including Disney World cruise. **And like a good son visits his folks in Hawaii once or twice a year**

